

# Opposite Leg

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Greater London,

Telephone: 07973 445328

Opposite Leg are teacher training specialists, drawing directly from their own classroom experiences. They provide full and half day teacher training INSET courses and one to one coaching as well as staff meeting training courses of up to 2 hours. They also run classroom presence, behaviour management and voice training courses on PGCE and teacher training courses. “They tailored their material to meet our needs, challenging perceptions with a sensitivity to members with less confidence of working in front of a large group.” Roland McCabe, Dulwich Wood School “I am sure it has helped all of us to evolve in many different ways. It is a revolutionary course, congratulations for your fantastic work.” Classroom Presence Student, Middlesex University Opposite Leg Teacher Training deliver fun, impactful training sessions for all school staff. Their expert trainers draw on a mix of classroom teaching experience and careers as performers. They inject life into staff teams and help teachers tap into their own personal motivation. Professional development for teachers and INSET courses include: Voice and Body Check-Up – Teaching is a physically exhausting profession; it is vital that teachers have techniques to hand for maintaining and looking after themselves throughout a busy school term but without sacrificing the qualities that make them an exciting, inspiring classroom presence and excellent classroom manager. Voice Training – A strong confident voice is a must have attribute for a good teacher. Opposite Leg’s expert voice training course for teachers specialises in projecting charisma, generating breath control and imparting authority. Teachers on the course can take away a set of voice exercises to practise and give voice control. Classroom Presence

and Behaviour Management – Classroom presence and behaviour management go hand in hand. Their acclaimed classroom presence and behaviour management course gives teachers the skills and tools needed to be the charismatic, inspiring teacher they want to be including voice coaching, body posture and body language, managing the classroom, listening and improvisation skills. Using Drama in the Classroom – Adding practical drama to any lesson encourages engagement and opens up thinking – Opposite Leg take you through a series of exercises which enhance learning in the classroom. Team Building – There are few more important jobs than teaching, and a united teaching team can have a huge impact on the pupil's education. This course will invigorate and inspire any staff team. Communication Skills – Communication skills are an essential part of classroom management and the key to successful teaching. These training courses build confidence, assertiveness, and active listening skills. Laughter Workshops – Great for short staff meeting courses to relieve stress, boost morale and get the team working together very quickly indeed. It's healthy to have a laugh! Key information All staff CRB checked All trainers qualified and experienced Primary/Secondary Teachers All staff trained/experienced performers. Regularly run training for leading PGCE institutions Regularly run INSET for primary and secondary schools

Other Locations: East, East Midlands, Home Counties, Yorkshire, North of England, North West, Northern Ireland, Scotland, South West, Wales, West Midlands

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